

## Dialysis Lab Tests At a Glance

Blood Test	Normal Values	Expected Values for CKD	Signs/Symptoms
Albumin	3.5-5 gm/dl	Goal: $\geq 4.0$ BCG (preferred); Lab normal BCP	Low: Malnutrition, weight loss, poor appetite, liver disease, medication side effects
Aspartate aminotranferase [AST] (formerly SGOT)	8-20 U/L	Same	High: Jaundice, nausea/vomiting, abdominal pain
Alanine aminotransferase [ALT] (formerly SGPT)	7-56 U/L	Same	High: Abdominal pain, nausea/vomiting, other medication side effects e.g. muscle cramps
Bicarbonate [CO <sub>2</sub> ]	21-30 mEq/L	$>22$ mEq/L	High: Rapid breathing, shortness of breath
Bilirubin - Direct - Total	$<0.3$ mg/dL 0.2-1.3 mg/dL	Same	High: Jaundice, abdominal pain, fatigue, appetite changes
Blood Cultures	Negative or no growth	Same	Depends on source: fever, malaise, rigors, hypotension, nausea, abdominal discomfort, cough, etc.
Blood Urea Nitrogen [BUN]	7-21 ml/dL Expect ratio of BUN:Creatinine ~ 10:1	$<100$ ; depends on protein intake	High: Fatigue, nausea, insomnia, dry or itching skin, urine-like body odor and breath
Ca X PO <sub>4</sub> Product	NA	$<55$	High: calcification of blood vessels and soft tissues and bone demineralization
Calcium corrected for BCG albumin	8.5-10.5 mg/dl	Same although preferred upper level is $<10$	Low: muscle twitching/cramping, seizures, depression, hair loss, cataracts High: muscle weakness, fatigue, symptoms same as sodium, mental changes ranging from mild confusion to psychosis
Chloride [Cl]	95-108 mEq/L	Same	Low: hyperexcitable nervous system, low blood pressure, shallow breathing, tetany High: muscle weakness, fatigue, deep breathing
Creatinine	0.5-1.4 mg/dL	12–20 mg/dL: varies with muscle mass	
Ferritin	12-300 ng/mL male 10-150 ng/mL female	100-500 ng/mL CKD 1-4 and PD; $<500$ ng/mL HD or evaluate	If anemic: pallor, fatigue, tachycardia, cold intolerance Maybe high due to infection or inflammation: abscess/wounds, fever
Glucose	Fasting: $<126$ mg/dL	Same	High: Excessive thirst Low: Hunger, fatigue, vertigo, mood changes, sweating, anxiety, poor memory
Hematocrit [Hct]	45-52% male 37-46% female	30-36% if on erythropoiesis stimulating agent (ESA)	Low: Fatigue, shortness of breath, chest pain, cold intolerance, weakness
Hemoglobin	13.2-16.2 gm/dL male 12-15.2 gm/dL female	10-12 gm/dL if on erythropoiesis stimulating agent (ESA)	See hematocrit
Hemoglobin A1c	$<7\%$	Same	May be inaccurate in ESRD due to the decreased RBC lifespan
Hepatitis Antibody [Anti HBs]	Negative (Positive if recovered or vaccinated)	Same	Patients are susceptible to infection by the hepatitis B virus
Hepatitis B surface antigen [HBsAg] (formerly Australian Antigen)	Negative	Same	Positive: Abdominal pain, anorexia, nausea/vomiting, jaundice, fatigue, or asymptomatic
Hepatitis C Antibody [anti-HCV]	Negative	Same	Positive: 80% of persons have no signs or symptoms; symptoms may include: jaundice, fatigue, dark urine; abdominal pain, loss of appetite, nausea
Homocysteine	5-15		
Magnesium [Mg]	1.6-2.4 mEq/L	Same	High or Low: muscle weakness, twitching, cramping, confusion
Mean corpuscular volume [MCV]	82-102 male 78-101 female	Same	

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Parathyroid Hormone Level [PTH] Intact PTH	10-65 pg/ml	Stage 3: 35-70 pg/ml Stage 4: 70-110 pg/ml Stage 5: 150-300 pg/ml	High: Initially, asymptomatic; later, itching, bony changes on X-ray, fractures
Phosphorus [PO <sub>4</sub> ]	3.0-5.0 mg/dL	Goal: 3.5 – 5.5 mg/dL	High: Causes elevated PTH by lowering Ca; abnormal: bone fractures
Platelet count	140-450 x 10 <sup>3</sup> /μL	Same	Low: Increased risk of bleeding
Potassium [K]	3.6-5 mEq/L	Same, with some patients tolerating values up to 6.0 without problem	High: With ESRD, few symptoms below 7.0. Extreme weakness preceding cardiac arrest
Red Blood Cells [RBC]	4.3-6.2 x 10 <sup>6</sup> /μL male 3.8-5.5 x 10 <sup>6</sup> /μL female	Same	
Reticulocyte count	0.5-1.5%	Same but will be higher in states of increased RBC production	
Sodium [Na]	133-145 mEq/L	Same	High: Thirst, leading to drinking more, fluid gain, elevated BP and shortness of breath
Total Protein	6-8 gm/dL	Same	High: chronic inflammation/infection, bone marrow disorders Low: liver disease, malnutrition or malabsorption disorders
Transferrin saturation [TSAT]	15-50%	Goal : >20%	Low: Anemia symptoms: fatigue, shortness of breath, cold intolerance
White Blood Count [WBC]	4.8-10.8 x 10 <sup>3</sup> /μL	Same	High: Signs of infection, fever

Table revised September 2009 with the assistance of Matthew Arduino, MS, DrPH, Donna Bednarski, MSN, RN, CS, CNP, CNN; Deborah Brooks, MSN, RN, ANP, CNN, CNN-NP; Lesley Dinwiddie, MSN, RN, FNP, CNN; and Glenda Payne, RN, MS, CNN

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